

# September 2014 Newsletter

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#### **Character Development-Bradenton Graduates**

Four group members graduated from the Character Development, community-based program at Bradenton. One was from the Parenting 101

## First Expanded Parenting 101 Class Completed in Bradenton

The Character Development program at Bradenton was the site of the first expanded Parenting 101 class. The old course, written by FIT's Don Pratt, contained five lessons, enough for ten hours of instruction. The new one, which was field-tested in Bradenton, is nine lessons in length. This is enough material for eighteen hours of instruction if used conventionally or twenty hours if an additional class is added at the end for completing the "My Parenting Plan" and a graduation ceremony. The parenting plan can be then used as a guide in better parenting as well as for providing concrete proof of thought and effort.

The new course is in the process of final formatting and editing and will be available for purchase and distribution within a month or two. This expanded version is the joint work of Donald Pratt, Ph.D., University of South Florida; Joseph Sheehan, Ph.D., University of South Alabama; and John Woods, M.P.A., Troy State University. All three are committed Christians with extensive experience in the secular world.

New features of Parenting 101 include an "Effective Parenting Worksheet" for each of the first eight chapters and a formal "Effective Parenting Plan" at the end to be drawn up with facilitator assistance. New lessons are Identify the Behavior-Yours and the Child's, Discipline Effectively, Eliminate Abuse, and Parenting is not Easy!

## Parenting 101: The Basics

Parenting 101 - A down-to-earth and practical guide for better parenting which is consistent with best practices AND Biblical principles. Written on a low reading level and with a small-group emphasis for maximum comprehension and application. Filled with relevant group discussion questions. Focused on helping clients solve problems for themselves. The Bible examples add the moral dimensions of Christian living so needed by Christians seeking God's help in raising their children.

"It's informative and helpful". "Very well written, easy to understand, excellent points made". "Great ideas, informative, educational, and engaging". "How to disciple without getting angry, interesting facts". "I'm learning a lot as a new parent. This class is very helpful. I am learning to discipline and godly ways of guiding".



Don Pratt

Ph.D. from the University of South Florida, Care Pastor, President of FIT, author of three other FIT titles, retired University Professor, choir director, board member, certified chaplain.

#### The Authors



Joseph Sheehan

Ph.D. from the University of South Alabama, instructional system analyst and designer, Certified Performance Technologist, FIT Facilitator, retired naval officer.



John Woods

M.P.A. from Troy State University, works with at-risk children, doctoral student and research assistant at the University of West Florida, retired Air Force Chief Master Sergeant.